



# Lunch Menu



## LUNCH ENTRÉES

Includes a Lunch Beginning, our Freshly Roasted Dunn Brothers Coffee™, Hot Tea, Freshly Baked Bread Basket, Dessert Selection

### Italian Beef Meatloaf

**\$ 36.95**

Italian Herbs, Onions, Red Peppers, Parmesan, Lean Ground Beef baked with a Red Wine-Herb Sauce, Mascarpone Mashed Potatoes, Roasted Italian Vegetables

### Juicy Lucy Wellington

**\$ 34.95**

Short Rib-Chuck Beef Blend filled with Sharp American Cheese, wrapped with Onion-Mushroom Duxelle and Puff Pastry, Baked, Toasted Sesame Seeds, Oven Roasted New Potatoes, Fresh Baby Green Beans, Carrot Matchsticks

### Southern Chicken Croquettes

**\$ 30.50**

Twin Chicken Patties, Crispy Panko Crust, Spicy Honey Drizzle, White Cheddar Grits, Sautéed Greens, Pickled Fresno Peppers

### MN White BBQ-Herb Chicken (gf)

**\$ 33.95**

Rosemary and Thyme Marinated Chicken Breast (bone-in), White BBQ, Garlic Roasted-Smashed Yukon Potatoes, Roasted Brussel Sprout Medley

### Black Garlic Chicken (gf)

**\$ 33.95**

Balsamic Maple Marinated Boneless Chicken Breast, Black Garlic Cream Sauce, Roasted Red Skin Potatoes, Julienne Vegetable Trio, Petite Green Beans

### Lemon Pepper Chicken (gf)

**\$ 33.95**

Grilled Lemon Pepper Chicken, Lemon Caper Sauce, Garlic-Herb Mashed Potatoes, Green Beans, Julienned Carrots

### Chicken Bella (gf)

**\$ 34.95**

Grilled Chicken Breast, Lemon White Cheddar Cream Sauce, Roasted New Potatoes, Steamed Fresh Vegetables

### Chicken Tandoori (gf)

**\$ 36.95**

Tandoori-Style Marinated Chicken Breast (bone-in), Tzatziki Sauce, Moroccan Rice Pilaf, Pickled Vegetables

### Apple Cranberry Chutney Chicken (gf)

**\$ 34.95**

Herb Marinated Chicken Breast, Cranberry-Apple Chutney, MN Wild Rice Risotto, Roasted Rustic Vegetable Blend

### Southwestern Flank Steak (gf)

**\$ 45.95**

Thinly Sliced Memphis Rubbed Flank Steak, Chile Corn Salsa, Sour Cream and Green Onion Mashed Potatoes, Green Beans, Julienned Carrots

## LUNCH

All prices subject to a 24% service charge and applicable taxes.

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gf:GLUTEN-FREE | v:VEGETARIAN | vg:VEGAN | df:DAIRYFREE



## LUNCH BEGINNINGS

Choose one to accompany Lunch Entrée or Express Lunch Selection

### Asian Chopped Salad (v)

Romaine, Napa, Purple Cabbage, Carrot Shreds, Red Pepper Sticks, Scallions, Mushrooms, Chow Mein Noodles, Sesame-Ginger Miso Dressing (vg, gf)

### House Salad (v)

Romaine, Baby Lettuce Greens, Grape Tomatoes, Cucumbers, Shaved Parmesan Cheese, Seasoned Croutons, Champagne Vinaigrette

### Caesar Salad

Romaine, Shredded Parmesan, Seasoned Croutons, Caesar Dressing

### Sun-Flower Salad (vg, gf)

Romaine, Baby Lettuce Greens, Carrot Shreds, Cauliflower, Roma Tomatoes, Sunflower Seeds, Agave-Balsamic Vinaigrette

### Minne-Salad (v, gf)

Romaine, Baby Lettuce Greens, Purple Cabbage, Carrot Shreds, Honey-Clover Gouda, Sweet and Spicy Pepitas, Cucumber, Shredded Daikon, Red Peppers, Blueberry Balsamic Vinaigrette

## EXPRESS LUNCH

Includes a Lunch Beginning, our Freshly Roasted Dunn Brothers Coffee™, Hot Tea, Freshly Baked Bread Basket, Dessert Selection

### Chicken Pot Pie\*\*

\$ 30.95

House-made Stew of Sautéed Chicken and Vegetables finished with Flaky Pastry Crust

### Up North Hot Dish (gf)

\$ 30.95

Hot Dish with Sautéed Beef Tips, Wild Rice, Carrots, Celery, Onions, Mushrooms, topped with Cheddar Cheese, Crispy Tater Tots

### Southwest Beef Pot Pie\*\*

\$ 33.95

House-made Stew of Southwest Sautéed Beef Tips with Peppers, Onions, Corn, Black Beans finished with Flaky Crust

### Beef Ragu

\$ 32.95

Tender Braised Roast Beef, House Ragu Sauce (sautéed Tomato, Carrots, Celery, Onion, Herbs, Beef Consomme) over Cavatappi Pasta

\*\* House Specialty

## LUNCH ENTRÉE SALADS

Includes our Freshly Roasted Dunn Brothers Coffee™, Hot Tea, Freshly Baked Bread Basket, Dessert Selection

### KCI Signature Salad (gf)

Baby Lettuce Greens, Hearts of Romaine, Roasted Potatoes, Petite Green Beans, Amablu Cheese and Fresh Chives, Molasses Balsamic Vinaigrette

**Herb Encrusted Sliced Sirloin** \$ 46.95

**Herb Encrusted Grilled Chicken Breast** \$ 35.95

**Herb Encrusted Grilled Portabella (v)** \$ 35.95

### Gaucho Asado Salad (gf, df)

Romaine, Baby Greens, Roasted Corn Salsa, Black Beans, Jicama, Chimichurri Vinaigrette

**Gaucho-Rubbed Grilled Sirloin** \$38.50

**Asado Chicken** \$29.95

**Gaucho-Rubbed Grilled Portabella (gf, vg)** \$29.95

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## LUNCH ENDINGS

Remove served lunch dessert from your menu, less \$ 4.00 pp

### Lemon Meringue Cake (gf)

Lemon Cake, Lemon Curd, Toasted Vanilla Meringue

### Apple Spice Cake (gf, vg)

Spiced Apple Cake, Apple Cinnamon Compote, Vanilla Cream, Cinnamon Streusel

### Blueberry Cheesecake (v)

Blueberry Cheesecake, Graham Crust, Vanilla-Lavender Whipped Cream, White Chocolate Decoration

### Chocolate Turtle Cake (gf, v, contains nuts)

Devil's Food Cake, Milk Chocolate Ganache, Dulce de Leche, Candied Pecans

### Carrot Cake (gf, v)

Carrot Cake, Brown Butter-Cream Cheese Frosting, Cinnamon Pepita Crunch

## LUNCH BUFFETS

Includes our Freshly Roasted Dunn Brothers Coffee™, Hot Tea, Assorted Cookies (may contain nuts) and Bars  
50 guest minimum required

### Asian Fusion

**\$ 41.95**

Chopped Asian Salad Peppers, Scallions, Carrot, Mushroom, Sliced Almonds, Chow Mein Noodles, Sesame-Ginger Miso & Honey-Dijon Dressings; Tempura Chicken, Plum Sauce, Bulgogi Beef, Vegan Bulgogi, Stir-fried Fresh Vegetables, Vegetable Spring Rolls, Sweet and Sour Sauce, Jasmine Rice

### Southwest Rice Bowl (gf)

**\$ 38.95**

Marinated Chicken, Seasoned Vegan Chorizo, Cilantro-Lime Rice, Black Beans, Sliced Jalapeños, Cheddar and Cotija Cheeses, Lettuce, Fresh Pico, Salsa Verde, Sour Cream, Avocado Crema, Roasted Pepitas, Tortilla Chips, Salsa Ranch Dressing

### The Loring Soup & Salad Bar

**\$ 45.95**

Tomato Basil Soup, Oyster Crackers, Mixed Greens, Warm Hickory-Molasses Seasoned Chicken Breast, Grilled Portabella, Heirloom Tomatoes, Roasted Toppings: Asparagus, Potato Medley, Red Peppers, Chickpeas, Crumbled Amablu Cheese, Shredded Parmesan, Sunflower Seeds, Seasoned Croutons, Molasses-Balsamic Vinaigrette, Buttermilk Ranch Dressing, Assorted Rustic Breads

### Down South

**\$ 40.95**

Gaucho Asada Salad Platter with Chimichurri Vinaigrette, Asado-Marinated Chicken, Shredded Slow-Cooked Beef, Vegan Petite Black Bean Pot Pie, Three-Cheese Mac, Corn with Bell Peppers, Hot Sauce, BBQ, Homemade Parkerhouse Rolls

### Little Italy

**\$ 39.95**

Top Your Caesar Salad, Penne Pasta, Parmesan Chicken, Beef Meatballs, Eggplant Parmesan, Marinara and Alfredo Sauces, Petite Green Beans with Red Peppers, Parmesan Cheese, Assorted Rustic Breads

### Up North Hot Dish

**\$ 37.95**

MinneSalad, Hot Dish Sautéed Beef Tips, Wild Rice, Carrots, Celery, Onions, Mushrooms, Topped with Cheddar Cheese and Crispy Tater Tots; Vegetarian Wild Rice Hot Dish Plant Based Ground Beef, Wild Rice, Carrots, Celery, Onions, Mushrooms; Vegan Wild Rice Cakes with Roasted Red Pepper Sauce, Roasted Brussel Sprout Medley, Homemade Dinner Rolls, Assorted Miniature Bundt Cakes (in place of Cookies and Bars)

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## LUNCH DELI BUFFET

Includes Freshly Roasted Dunn Brothers Coffee™, Hot Tea, Assorted Cookies (may contain nuts) and Bars

**Craft Your Own Buffet \$ 34.95 per guest**

100 guest minimum required

Gluten Free Buns Available for Pre-Order \$ 2.25 each

### Choose Sandwich Style - Platter or Prepared:

#### Deli Platter:

Deli Sliced Roast Turkey, Smoked Ham, Natural Roast Beef,  
Vegan Chickpea Salad, Lettuce, Tomatoes,  
Cheddar and Provolone Cheeses, Petite Rolls, Condiments

#### Prepared Focaccia Sandwiches: **Select Two**

Roast Chicken Caesar, Roast Beef Cucumber-Herb Spread  
Turkey-Pesto Provolone  
Vegan Roasted Vegetable - *included for all events*

#### Salad: **Select Two**

Wild Rice-Chickpea Salad (vg, gf)  
Sun-Flower Salad Platter (vg, gf)  
Craisin Rice Trio Salad (vg, gf)  
Tri Color Power Slaw (vg, gf)  
Fresh Garden Pasta Salad (vg)

#### Chips & Dip: **Select One**

Ripple Potato Chips, French Onion Dip (v, gf)  
Crispy Naan Dippers, Red Pepper Hummus (v)  
Tortilla Chips, Salsa (vg, gf)

#### Homemade Soups \$ 5.75 per serving

Wild Rice (v, gf, contains nuts)	Chicken Noodle
Tomato-Basil (v, gf)	Corn Chowder (v, gf)
Garden Vegetable (vg, gf)	Chicken Wild Rice (gf, contains nuts) add \$ 2.00

## BOXED LUNCHES

Minimum order Eight per Variety, Four Variety Limit

Multiple Entrée Fees applied when selecting more than 2 varieties

Gluten Free Buns Available for Pre-Order at \$2.25 each

**All in One \$ 28.95**

**Served on our house-made breads**

Includes Dutch Crunch Potato Chips, Fresh Grapes, Chocolate Chip  
Cookie, Canned Soda or Water (1 per person, 50% of each unless indicated)

#### Roasted Chicken Caesar Wedge

Deli-Roasted Chicken, Romaine, Caesar Cream Cheese,  
Asiago Focaccia

#### Ham & Swiss Wedge

Smoked Ham, Mustard Aioli, Lettuce, Egg Focaccia

#### Turkey-Pesto & Provolone Wedge

Turkey Breast, Pesto, Lettuce, Whole Grain Focaccia

#### Duo Turkey Wedge

Smoked and Deli Roasted Turkey, Lettuce, Italian Aioli,  
Parmesan-Herb Focaccia

#### Smoked Turkey-Honey Dijon Wedge

Smoked Turkey, Honey-Dijon Cream Cheese, Lettuce,  
Marble Pumpkinseed Focaccia

#### Deli Roast Beef

Shaved Natural Roast Beef, Lettuce,  
Cucumber-Herb Cream Cheese, Egg Focaccia

#### Roasted Veggies Wedge (vg)

Roasted Vegetables, Hummus, Lettuce,  
Rosemary Red Pepper Focaccia

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